



### Health Systems Update

**Patient Name:** \_\_\_\_\_ **Birth Date:** \_\_\_\_\_ **Today's Date:** \_\_\_\_\_

**Important:** In order to provide the highest quality of health care possible, it is important that we have the following information. Please complete this form as accurately as possible. If you do not understand the question, please ask for assistance. Thank you.

**Please describe the reason(s) for this visit:** \_\_\_\_\_

**Do you have any questions, problems, symptoms or concerns that you would like to discuss with us today?**

**Please mark the ones that are chronic problems or have changed since you were last seen.  
Thank you.**

**CONSTITUTIONAL**

- Fever
- Chills
- Weight loss or gain
- Fatigue

**EAR, NOSE & THROAT**

- Sinusitis
- Hearing Loss
- Ringing in the ears
- Sores

**EYES**

- Double vision
- Blurry vision
- Need for glasses
- Glaucoma

**CARDIOVASCULAR**

- Heart attack
- Chest pain
- High blood pressure
- Palpitations
- Leg swelling

**GASTROINTESTINAL**

- Loss of appetite
- Nausea
- Vomiting
- Abnormal bowel movement
- Pain

**NEUROLOGICAL**

- Stroke or TIA
- Headaches
- Dizziness
- Seizures
- Loss of balance

**RESPIRATORY**

- Shortness of breath
- Asthma
- Coughing
- Spitting up blood

**URINARY**

- Frequent or painful urination
- Incontinence
- Frequent UTI
- Blood in urine

**PSYCHOLOGICAL**

- Memory loss
- Depression
- Insomnia
- Nervousness

**ENDOCRINE**

- Diabetes
- Thyroid Problems
- Excessive thirst or urination

**MUSCULOSKELETAL**

- Joint pain or stiffness
- Weakness
- Injury or surgery
- Swelling

**SKIN/BREAST**

- Rashes
- Ulcers
- Nail Change
- Breast pain/lump / discharge

**HEMATOLOGIC**

- Bleeding or bruising tendency
- Phlebitis (infection of the injection site)
- Blood clots in legs
- Transfusions
- 
- None of the above

**GYNECOLOGICAL**

- Pain with intercourse
- Irregular menses
- Pelvic pain

*"A Practice Specializing in Women's Health Care"*

Timothy Elfelt, MD	Joseph Glaser, MD	Debra Lebo, DO	Charles Yang, MD	Tammy Hayton, MD
Lorna Laney, RNP		Nancy Ferrell, RNP		Linda Leon, RNP